



● Z219



Lasagne with bolognese sauce



6'

COOKING TIME



330g e

4 PLATES PER BOX

Ingredients (pasta)

Durum wheat semolina, eggs, water, salt.

Sauce ingredients

Beef braised with vegetables and herbs 47%, tomato pulp, wine, extra virgin olive oil, butter, salt. Grated Parmigiano Reggiano DOP cheese as garnish.

Béchamel sauce ingredients

Whole milk, soft wheat flour, margarine, salt.

Average nutritional values per 100 g

Energy kJ 512 – Energy kcal 122 – Fats g 5,2 of which saturated fats g 2,0 – Carbohydrates g 12,8 of which sugars g 1,8 – Fibres g 1,4 – Proteins g 5,9 – Salt g 0,84

Preparation

Microwave oven (750w): **6 min** in a closed package and still frozen.

Data Sheet

%

24

PERCENTAGE OF PASTA

%

76

PERCENTAGE OF SAUCE

